

Join Our Retreat

MARCH 24-27TH

BY INVITATION:

Crossroads Centre, Antigua
Professional Renewal Retreat



WHAT TO EXPECT:

Join Rokelle Lerner and our dedicated Crossroads staff for an experience specifically designed for clinical professionals.

HOLISTIC HEALING

Rejuvenate your body and mind with acupuncture, massage, meditation, and yoga.

WORKSHOPS

Explore spirituality, set healthy boundaries, and deepen your understanding of relationships. Participate in 12-step groups, engage in expressive therapy, and cultivate mindfulness.

PERSONAL GROWTH

Identify and address obstacles holding you back while reaffirming your commitment to personal restoration.

SUPPORTIVE

ENVIRONMENT

Experience individual sessions, group discussions, and small groups designed for like-minded professionals.

Contact: Sandra McCoy

- Email: smccoy@crossroadsantigua.org
- Phone: 260-252-0424

All-Inclusive:

Enjoy comfortable accommodations and nourishing meals.



CROSSROADS
CENTRE ANTIGUA